

**INCREASE YOUR ENERGY, LOSE WEIGHT AND FEEL AMAZING!** From the author of several bestselling cookbooks Vesela Tabakova comes a new mouthwatering collection of easy family recipes. This time she offers us 60+ healthy and enjoyable quinoa meals full of your favorite superfood vegetables, meats and legumes, that are simple and easy to cook whether you need a quick weeknight supper or a delicious weekend dinner. **Amazing Quinoa: Family-Friendly Dinner Recipes Inspired by The Mediterranean Diet** is an invaluable collection of delicious everyday recipes that will please everyone at the table and become all time favorites. If you're looking for delicious and easy quinoa recipes that will drastically improve your health AND your weight - this cookbook is for you. **\*\*\*FREE BONUS RECIPES** at the end of the book - 20 Gluten-free Superfood Smoothies for Easy and Natural Weight Loss\*\*\*

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